

# Orthostep™

## A Manual Operating Table Accessory Leg Support

### INSTRUCTION FOR USE

---

#### Description:

The Orthostep™ manual operating table accessory was designed to aid in the positioning of the knee in multiple different degrees of flexion during surgery. The device is an all stainless steel construction with four polyethylene foam pads. The ladder step design is of sufficient spacing between each step to provide optimal placement of the knee during surgery. The steps allow the arch of the foot to rest securely against the pads.

#### Indications and usage:

The Orthostep™ is indicated for any type of knee surgery that requires knee stabilization. It is especially well suited for total knee surgery.

#### Contraindications:

Knees which will not allow for flexion of the knee. Contractures or fusions of the knee.

#### Warnings:

The device must be securely fastened to the operating table using a standard table clamp. The device **must be covered with a protective covering at all times** prior to the surgical drapes being applied avoiding contact with the patient skin.

#### Utilization:

Attach the Orthostep™ to the operating table one to two inches above the OR table padding, using a standard operating room bed clamp. Place a protective barrier over the four pads prior to patient's leg resting on it. The surgeon must adjust the position of the device to provide the optimal flexion position desired. Only remove the protective barrier once the surgical team is ready to drape the patient.

#### Cleaning:

The Orthostep™ is cleaned following recommended hospital procedures for stainless steel and polyethylene foam padding. The device is removed from the operating room table as soon possible after the surgical procedure. All parts must be wiped clean using a disinfectant solution.

Ref#: 500-01 Orthostep™

Ref#: 500-01-04 Orthostep™ Replacement Padding



#### RP Medical Inc.

360 Long Ridge Drive  
Kelowna, BC  
V1V 2R9

Phone: 604-418-4554

Fax: 604-294-9056

Email: [rpaul.rpmed@gmail.com](mailto:rpaul.rpmed@gmail.com)